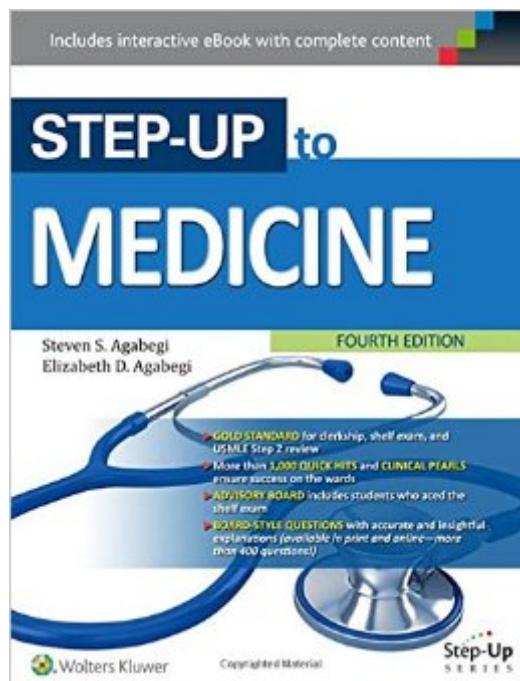


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# Step-Up To Medicine (Step-Up Series)



## Synopsis

Now thoroughly updated and revised, this best-selling volume in the popular Step-Up series provides a high-yield review of medicine, ideal for preparing for clerkships or clinical rotations, shelf exams, and the USMLE Step 2. Clinical pearls, full-color illustrations, and âœQuick Hitsâ • provide essential information in an efficient, easy-to-remember manner, perfect for medical, physician assistant, and nurse practitioner students. Step-Up to Medicine, Fourth Edition delivers exactly what you need to knowâ "both for exam preparation and for practical use in the evaluation and treatment of patients. Content is thoroughly updated and revised, based on extensive research with faculty and students. Enhanced high-yield outline format, Quick Hits, and Clinical Pearls make this edition even more time-saving and practical. A new 100-question, clinically-oriented practice exam is a practical self-assessment tool to prepare for the questions you will face in clinical practice. Succinct, outline approach keeps âœextraâ • material to a minimum, focusing on the core content you need to know. Clinical pearls help you âœfile awayâ • clinical connections for handy retrieval at test time and aid in the transition from basic science to clinical medicine. Easy-to-follow algorithms show examples of effective clinical reasoning, particularly for similar complaints. Numerous charts, tables, graphs, and mnemonics aid visual learners and facilitate easy retention of essential material. Coverage includes every essential area of medicine, including body system diseases and disorders; fluids, electrolytes, and acid-base disorders; hematologic diseases and neoplasms; infectious diseases; diseases of the skin and hypersensitivity disorders; and ambulatory medicine. Helpful appendices cover radiographic and electrocardiogram interpretation, physical examination pearls, workup and management of common problems on the wards, basic statistics and evidence-based medicine, and end-of-life issues and informed consent.

## Book Information

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## Customer Reviews

I have only read the first three chapters so far (on medicine rotation). I have not noticed any significant updates from the third edition. For example, IBD is not updated with biologic treatment options. The book adds a 100 new multiple choice questions, but that is all I have noticed so far. The book claims a student committee and provided feedback to improve the 4th edition, but it does not provide any specifics. It might be worth it to hold onto third edition. I will update the review as I see changes. As far as physical quality, pages feel cheaper than third edition. update 11/26/15 I have now read about half the book and there are a few updated I have noticed. 1) They added a few lines about the new oral anticoagulants (i.e. apixaban) 2) BP guidelines have been updated with JNC 8 other mistakes have not been fixed like pneumonia severity index. I am updating my review from 3 to 4/5

Internal medicine is THE foundation of 3rd year and beyond in medical school. If you look into Uworld for step 2, 1350 out of 2250 questions (60.93%) are from medicine alone. Therefore, I can't emphasize enough the importance of mastering internal medicine. I compare Step up to Medicine for internal medicine as I would compare first aid for step 1. The book has everything you need to know for internal medicine clerkship. The trouble I had in 3rd year is finding the right resource. Some resources have way too much information not needed for 3rd year level (ex - upToDate), some have not enough (ex - case files book). If you rely only on your patient to teach you medical knowledge, it will largely be insufficient as you won't see patient with multiple diseases (you might never have a patient with rickets, AML, a-fib etc). This book in contrast has everything you need to know for internal medicine clerkship. I love this book as much as I loved first aid for step 1. Here are the pros:- Information is presented in concise form but is complete. If you opt out for case files or other smaller books, you might miss out on important information you need to know. - It doesn't have unnecessary stuff you don't need at 3rd year. Ex - drug doses. - The book is in color which makes reading fun. - It has empty border in left and right so you can annotate the book. - There are "quick hit" and "clinical pearl" sections scattered throughout that are very high yield. If you are doing 8 wk traditional internal medicine clerkship, it will be hard to finish this book in that limited time. But give your best shot. Start

studying this book a few weeks before you start your clerkship. It has 12 chapters total and 479 pages. If you can finish 1.5 chapter each wk, you will need exactly 8 wks to finish the book. This book is GOLD. If you have a good understanding of this book, all other clerkships will be easier. Being good in medicine helps you in all other clerkships.

Full of information, much more gained from reading this as compared to something like Master the Boards. Serving as a pretty good complement to the Kaplan review series for me. So far, haven't found any errors with up to date guidelines for diagnosis or therapy. Will update after completing the book. It probably goes without saying, but if you can't tolerate bullet point style text then this isn't for you.

I had the old version, but felt like I should buy this new one.....SO. GLAD. I did! It's so much better. I can read through them without falling asleep like the older versions. Concepts are better explained. Wish I had them all year, instead of the older version

This is one of the best review books I have read. Is it a little big? Sure, it's not the smallest review book but medicine is a very broad subject! This book does a great job in capturing the key aspects of the most important pathologies. In the past while reading review books for preclinical exams, I sometimes found material to be lacking in unexpected areas. If I'm following a patient with heart failure, this book discussed the most important aspects of heart failure. This is simply a review book and thus no matter how great it is, the material in this book cannot be used as a primary source and should be supplemented with something else like uptodate or Harrison's imo. For example, the book will discuss the beneficial use of some antibiotics like azithromycin in certain pulmonary patients, but doesn't discuss the anti-inflammatory role of macrolides like azithro. Despite this I really enjoy reading this edition of step up. I have found only a few mistakes in the book, but nothing content related. I am very pleased with this purchase and recommend this book to any student on a medical clerkship or preparing for the shelf!

This book is great:1-love the side notes in the book listing what study gave us x reason to why we do things. Its great for the ward pimping sessions.2- well layed out, enough detail content wise without being overwhelming.3- easy to read

This book was perfect for studying for my medicine rotation. It was very helpful and I felt prepared

before my mini board, Step 2 still to come, although after I felt as though I failed but lucky that was not the case. I actually did pretty great! If you have any specific question on the book feel free to message me.

Some pretty major typos on some pages so read carefully! Otherwise fairly good resource for information. Some things are a little too detailed, while others aren't detailed enough to get a good understanding of the disease. If you're looking for pathophys, look elsewhere. Otherwise a really solid resource for the IM clerkship!

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